



## Plant • Grow • Harvest | Home Group Guide

“The Happy in Sacrifice” | The Happiness Habit Week 3, Philippians 2:19-30 – Susan Kent

### Plant

- Read Phil. 2:19-22
- Last week, Mark mentioned that Philippians 1 was about putting Christ 1<sup>st</sup>, and Philippians 2 is about putting others second. As we continue to read chapter two, we see that Paul wasn't alone in following Jesus' example of humility.
- Paul's faith was encouraged by people like Timothy and Epaphroditus. **Think of a person in your life who is filled with extreme joy and/or extreme faith? How has their joy/faith impacted yours?**
- Paul was sending his friends to this community because he knew that they would bring them joy. **How are you (or can you) intentionally sharing joy with others?**

### Grow

- Consider the image the Susan used in her sermon: The Selfless-Service-Sacrifice circle. **How did Jesus model that in His life?**
- Read Matt. 13:22
- Jesus describes how we can receive God's word, being inspired to live lives fixed on Him and bearing fruit for His glory. But what often keeps us from being totally devoted to Him are the 'cares of this world'.
- **What makes it hard for you to live selfless, in service, or sacrificial? Put another way, what is hard for you to sacrifice?**

### Harvest

- Susan told a story about Tabitha, one of the many medical workers and first responders who have risked and sacrificed so much to serve during this time. **Who comes to your mind when you think about sacrificing? When has someone sacrificed for your joy? (as hard as it may be, try to think about pre-COVID times as well)**
- Read vs. 29-30
- **How can we honor the people who are taking risks to keep us safe during this time?**

### Prayers

Share prayer requests and follow up on some of the requests from previous weeks.