



Plant • Grow • Harvest | Home Group Guide

“The Joy in Victory” | The Happiness Habit Week 4, Philippians 3:7-14 – Mark Sorensen

Plant

- Take a moment to discuss this week’s sermon. Ask everyone what they took away from Mark’s message.
- Read Phil. 3:4-7
- Paul list all of the things that would make a 1st century Jewish audience consider him successful. **Create a list of 10 ways our culture measures success. Why might it dangerous to base your worth off of these standards?**
- **Which of these do you feel tempted to use as a measurement of your success?**

Grow

- Read Phil. 3:8-11
- Paul says that he considers his past to be ‘garbage’ in comparison to the promise of a future of becoming like Christ. Think about a past version of yourself (5, 10, 15 years ago). **What was something that was super important to you then that you no longer consider to be as important?**
- **How have you become more like Christ?**
- Jesus calls us forward! This means that our hope in the future should affect how we see our past (not the other way around). **How can we be intentional to see our past through the Grace of Christ and not the guilt of sin?**

Harvest

- Read Phil. 3:12-14
- Paul says that he has not already arrived at his goal. **What is the goal of being a Christian and how do we seek that in our daily lives?**
- **What are you pressing towards; professionally, personally, or spiritually?**

Prayers

Share prayer requests and follow up on some of the requests from previous weeks.