



The Art of Formation Discussion Guide

Wk. 2 Discussion:

Begin with prayer

5 min

Teach the check In

30-40 min

Remind everyone of the check in prompts. Remember not to overly stress about how long it takes. Continue to focus on making the prompts feel conversational and model active listening. Be sure to listen for themes/patterns of what God is up to the lives of your community.

- Fruit: what has been bringing you joy lately?
- Thorn: what have you been struggling with lately?
- Vine: how have you seen or been connecting with God lately?
- Bud: what are you looking forward to?

Discuss this week's practice

20-25 min

- Describe some of the joys, successes, or blessings that have shaped your life. How have they shaped you?
- Which joys seem more meaningful to you: the ones you worked for | the ones you were given | the ones that lasted | the ones that were short lived?
- What has winning taught you?

Open your bibles together

20-25 min

- Read James 1:16-18
- How is God glorified by blessing us?
- Forgetting that God is the source of our blessing is a repeated theme in scripture. How does that struggle show up in your life (and how do we fight against it)?
- Read Luke 17:11-19
- Blessing should always bring us back to Jesus, not convince us that we can make it apart from Him. How has blessing brought you closer to God?
- How do you express thankfulness (to God and others)?



- Read Psalm 103:2
- How can we be more mindful of God's goodness in our lives?

Prayer of thankfulness

10 min

- Encourage the person who's assigned over prayer request to get them at this time

Talk about the coming week's practice

5 min

Encourage everyone to keep up with the practice throughout the week and look for fruits, thorns, vines, and buds.